Healthy Canada by Design CLASP II

Telehealth Event: Built Environment & its Impact on Public Health

Organized by: Regina Qu’Appelle Health Region

Kim Perrotta, Knowledge Translation Coordinator, HCBD CLASP

September 10, 2013
Health officials, planners, engineers and NGOs in communities across Canada collaborate seamlessly to:

- ensure built environments are designed to promote health and well-being,
- thus contributing to the reduction of risk factors for chronic diseases.
Partners – HCBD CLASP I

Four National Organizations

- Heart & Stroke Foundation
- National Collaborating Centre for Healthy Public Policy
- Canadian Institute of Planners
- Urban Public Health Network

Six Health Authorities

- Montreal Public Health
- Toronto Public Health
- Peel Public Health
- Vancouver Coastal Health
- Fraser Health Authority
- Vancouver Island Health Authority
Peel Region:

- **Healthy Development Index** – Developed health-based criteria to guide neighbourhood design in Peel Region

- **Relationship-Building** – Developed relationships with Planners at the Region & in the local municipalities
Toronto:

- **Raise Awareness** - The Walkable City report – based on Residential Preferences Survey – Evidence of public support for “walkable” features

- **Software Tool** – Piloted in 2012; Training in 2013

- **Active City Project** – Laid groundwork for collaboration across three departments to address barriers in Toronto
HCBD CLASP I - Lessons Learned

- Health authorities & Planners can affect change in policies re: community design when they collaborate
- Collaboration between sectors needed to overcome barriers that are preventing changes needed in community design
- Need to bring transportation professionals into the process to address road blocks
- Need more knowledge translation to help implement the policies and programs in other jurisdictions
Aspirations – HCBDF CLASP II

- Work to affect policy change re: community design in new jurisdictions & provinces
- Pilot effective approaches for policy changes in rural contexts
- Address challenges identified in HCBDF CLASP I re: data limitations & road design
- Bring transportation professionals into the process
- Deepen knowledge translation to increase efficacy
New Partners – HCBD CLASP II

National Partner
- Canadian Institute of Transportation Engineers

Health Authorities
- Newfoundland and Labrador Provincial Wellness Advisory Council/Eastern Health Region
- Capital District Health, Nova Scotia
- New Brunswick Health
- Regina Qu’Appelle Health Region
- Winnipeg Region Health Authority
- Ottawa Public Health
HCBD CLASP II Objectives: Theme 1

Broadening Partnership into New Jurisdictions & Rural Context

- Support 6 Health Authorities to engage in land use &/or transportation planning processes
- Improve the built environment
  - 1 new in Ontario
  - 2 Prairie Provinces
  - 3 Atlantic Provinces
  - 4 of 6 have significant rural populations
Each Project Team is supported by a Planning Facilitator

**Planning Facilitator** will:
- Identify strategic opportunities to influence active transportation & active design at a local level
- Facilitate relationship building between sectors

**Twin Goals:**
- Affect policy at a local level
- Build Capacity within Health Authorities
HCBD CLASP II Objectives: Theme 2

Building on Lessons Learned & Addressing Challenges from Phase I

- Five projects
- One directed at Community Engagement re: active transportation
- Two directed at stimulating innovative street designs that support active transportation
- Two directed at the data needed to support policy & program development re: active transportation
Deepening Projects

Community Engagement:
- Toronto Public Health & Toronto Centre for Active Transportation

Innovative Street Design:
- Canadian Institute of Transportation Engineers & Peel Health – case studies
- National Collaborating Centre for Healthy Public Policy & a small municipality
Deepening Projects

Translating Data to Action:

- Vancouver Coastal Health & Fraser Health & Simon Fraser University
  - Reviews data available, data needs and data sharing re: active transportation & transit

- Montreal Public Health & University of Montreal
  - Develop a data needs/plan for conducting health impact assessments for transportation scenarios
Peer to Peer Mentorship

- Strategic & technical advice from CLASP staff & peers
- Supported by consultant, Dr. Karen Lee, Built Environment Advisor, NYC
- Peer to Peer Sessions

Community of Practice (CofP)

- Cultivate relationships across partners & disciplines
- Convene CLASP-wide teleconferences with guest speakers
- Convene Face to Face Meeting
Knowledge Translation & Exchange

Webinar Series for Broader Sectors

- Showcase HCBC CLASP II Projects to planners, public health, health & transportation professionals across the country
- Share challenges, accomplishments & lessons learned

Use Social Media to Share

- Hub Website to link to partners & share resources & information
- Use Blogs & twitter to communicate with broader network
Contact Information
Kim Perrotta, Knowledge Translation Coordinator
kperrotta@hsf.ca  905-627-2157
Gene Chin, Project Manager
gchin@hsf.ca  604-685-7036

http://hcbd-clasp.com/
Twitter@hcbdclasp